



## THE FREMONT COMMUNITY THERAPY PRESENTS CULTURAL COMPETENCE IN TRAUMA THERAPY: BEYOND THE FLASHBACK

A workshop with **Laura S. Brown, Ph.D. ABPP**  
Friday, July 13, 2012, 8:30am – 4:30pm  
Room 305, University of Washington School of Social Work

### What?

Be introduced to a paradigm for understanding the range of human diversity, as well as develop awareness about personal bias, privilege, and culturally-based assumptions. In addition, the role of culture and identity in response to trauma, and the ways in which trauma is woven into many cultures will be explored. You can expect to learn how to integrate models for culturally competent psychotherapy into paradigms for assisting trauma survivors in their recovery. You will develop your capacity to assess whether a symptom of distress is trauma-related, and to integrate an understanding of trauma into work with the full range of diagnoses, not only PTSD. You will acquire strategies for understanding the ways in which trauma informs the dynamics of therapy, with special attention to countertransferential dynamics that commonly emerge in work with trauma survivors. Ethical issues such as therapist self-care, vicarious trauma, and the boundary challenges inherent in trauma work will also be integrated into the entire program.

### For whom?

Graduate students in mental health fields, social workers, psychologists, counselors, marriage and family therapists, nurse practitioners, psychiatrists, and others who work in the helping professions with trauma survivors are particularly suited for this workshop.

### The presenter:

Laura S. Brown, well-known local psychologist, author of the APA-published book *Cultural Competence in Trauma Therapy: Beyond the Flashback*, and teacher, is conducting this rare Seattle presentation. Dr. Brown has presented this workshop topic to professionals internationally, and now brings it home to Seattle as a benefit for the Fremont Community Therapy Project (FCTP).

FCTP is a feminist, culturally competent, queer-friendly, trauma-oriented training clinic that serves low-income individuals in the Seattle area with psychotherapy, EMDR, DBT Skills groups, and psychological assessment. Our training programs serve doctoral students in clinical and counseling psychology, master's degree social work students, and post-degree early career professionals pursuing licensure.

\*\*For registration information and workshop schedule, please see the reverse side of this page.

**Workshop schedule:**

7:30-8:30 On-site registration  
8:30-10:00 Developing a model for culturally competent practice  
10:00-10:15 Break  
10:15-11:45 Defining and assessing the range of post-trauma sequelae  
11:45-1:00 Lunch (on your own)  
1:00-2:30 Countertransference and boundary dynamics in the context of trauma  
2:30-2:45 Break  
2:45-4:00 Self-care and for therapists and vicarious trauma  
4:00-4:30 Q & A, wrap-up

**Registration information:**

FCTP alumnae, current and former FCTP supervisors: \$125  
Graduate students with copy of current student ID: \$50  
Early registration: \$140  
Late or on-site registration: \$160  
Cancellations before July 5, 2012 will be refunded in full, minus a \$10 processing charge. Cancellations  
After July 5, 2012 will receive a 50% refund.  
Six continuing education credits will be available upon completion of the workshop. (Partial CEs not available)

To register, please fill out the form below and email it to [fctpdirector@gmail.com](mailto:fctpdirector@gmail.com) or mail it with your payment to FCTP, 3429 Fremont Place North, #319, Seattle, WA, 98103

**Registration form: (please print)**

Name:

Address:

Phone:

Email (required for confirmation):

How did you hear about this workshop?

I am registering as:

FCTP alumnae or supervisor  Graduate student (copy of current student ID included

Professional, early registration  Professional, late or on-site registration

I need ADA accommodations

**Payment:**

Check  Visa  MasterCard  American Express  Discover

Name on Card:

Card number:                      Expiration \_\_\_/\_\_\_                      CVC number:

Billing address:

same as mailing address

**Continuing education credits provided by UW School of Social Work. I would like to receive professional CEs for this area:**

Psychology

LMHC

Social Work

LMFT

Other, please specify