

Can We Create Social Justice? Toward an Ethic of Justice in Trauma Psychology

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Some assumptions about trauma

- Invisible to most people
 - Denied, silenced, hidden
- Ubiquitous
- Related to injustice
- Thus trauma psychology as a field is founded on the existence of injustice

An Ethic of Justice for Trauma Psychology

- First step-Tell the truth about the link between injustice and trauma
- Second step- Be a witness. Be in relationship with trauma survivors. Don't keep a distance
- Third step- Humility and ignorance. Survivors are our teachers
- Fourth step- Take action, no matter how small

Justice Can Be Delicious

- www.theochocolate.com
- Creating neural connections between pleasure and justice in order to sustain our work